Just In Case Planning Checklist

Your checklist for planning ahead
Helps you and your family identify and get organized:

- ✔ Who are your most important contacts?
- ✔ Where do you keep all your vital forms of identification?
- ✔ Have you completed any official & legal documents?
- ✔ What, if any, medical conditions are you currently managing?
- ✔ Are all your financial details and insurance policies easy to access?
- ✔ How do you keep track of passwords?

A DIGITAL HELPING HAND

All of this vital information can easily be put into One Sure Thing, which you can securely update and share with the people you love and trust. Learn more at One Sure Thing.ie

Get all of your (and your family's) essential information in order. Being stuck at home in the wake of COVID-19 can be a major disruption to our daily routines -- especially if you have kids, or are helping to care for aging parents -- but it's also an opportunity to put your time to good use and your mind at ease.

Life is so much better with a plan

ICE (In Case of Emergency) CONTACTS	IDS/VITAL DOCUMENTS
The people who can help your family when it's needed most. Make sure they know how to reach them.	Gather all these up and take photos of the ones you regularly use and keep them in a safe place.
❑ Emergency: _____	❑ Driver's License
❑ Work: _____	❑ Passport
❑ Primary Doctor: _____	❑ Birth Certificate
❑ Financial Advisor: _____	❑ PPS Number /Public Services card
❑ Insurance Agent: _____	❑ Marriage Certificate
❑ Solicitor: _____	❑ Other: _____
❑ Other: _____	

DON'T FORGET YOUR PETS! Share important details like diet, vet, and other helpful things:

_____

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MEDICAL DOCUMENTS, CONDITIONS & PRESCRIPTIONS

Have you completed any of the following? If so, share where you keep it.

❑ Advance Healthcare Directive (AHD), which captures your care wishes and your designated healthcare representative (DHR)*.

❑ Do Not Resuscitate Orders (DNR)

❑ Physician Orders for Life-Sustaining Treatment (POLST)

Write out any medical issues you're currently managing and the methods of treatment.For each condition including the following details:

❑ Required Treatment	❑ Name or Type of Medical Condition
❑ Prescription Required (medication name/doctor/pharmacy)	

Make sure to identify any life saving medication or devices you need in case of an emergency:

❑ Inhaler ❑ EpiPen ❑ Insulin ❑ Other: _____

Don't forget any items you may use to improve your vision, mobility, or quality of life:

❑ Mobility Assistance (cane, walker, wheelchair)	❑ Orthopaedic Devices
❑ Glasses/Contacts	❑ OTC Medication
❑ Other: _____	

PASSWORDS & DIGITAL ACCOUNTS

❑ Computer(s)	❑ Home Security	❑ Mobile phone	❑ Wi-Fi	❑ Other (eg Tablet)

How do you currently keep track of your passwords?

❑ Password Manager	❑ Physical Document	❑ Digital Document

Here's an overview of the types of accounts to focus on to get you on the right path:

❑ Cloud Storage (Photos, Videos, Files)	❑ Messaging /Communication Tools	❑ Entertainment: Video | Music | Gaming	❑ Food/Delivery	❑ Email
❑ Social Media	❑ Money Management	❑ Shopping	❑ Other (eg: Travel, Web hosting/Blogging)_____	

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NOTES & PERSONAL THOUGHTS

Use this section for any additional information, personal thoughts, or anything you think is important for you to include.

- Have you thought about organ and tissue donation?
- Who is your executor and who is your decision-maker for health, legal etc.– a trusted family or friend
- Have you made a funeral plan? Where is it?

NOTES

CREATE YOUR PLAN NOW @ One Sure Thing.CO

Visit One Sure Thing.co to learn more about the types of legal documents you need and how to safely store and share those with the people who will one day require access.

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